the Inbox (Constant) Overhaul

WORKBOOK



Introduction

- What doesn't work for leaders?
 - "_____" email constantly
 - Replying _____
 - Keeping emails as a reminder to do work
 - Inbox _____
 - Organizing emails into _____
- If you're doing these things, it's causing ______
- Inbox _____ Is Normal
- The #1 cause of inbox overwhelm is the false belief that every email needs to be

_____, then moved into a specific _____.

Leadership & Email

- Leaders face a distinct challenge with email: ______
- The _____ Problem
 - 1. Accountable to multiple ______ groups
 - 2. Anyone in the world can ______ you, but there's only one of you.
 - 3. An email that takes ______ to send may create ______ of work for you.
- Level the Playing Field with ______
 - ______ the issue briefly: "Thank you for sharing this with me."
 - Route it to an _____: "We will discuss this at our next leadership

team meeting."

- Ask for _____: "Can you check back with me?"
- It's _____ and _____ for companies to email you without

permission, but...

- If you unsubscribe, _____.
- Most principals are on _____.
- Don't mark as spam—_____

Email's Properties

- Email is merely a tool for ______.
- A large portion of your work may arrive as email, but email is just the ______.
- Processing email is a ______ from doing the work.
- Work that arrives via email doesn't necessarily have to be done ______.
- What Email Isn't:

4

- Your daily _____.
- Your dashboard of _____.
- Your organization's ______.
- Your _____.
- Email Is A _____.
- Compared to being interrupted in person or via a two-way radio, email gives us a

ton of _____

- Email was designed to be:
 - _____.
 - _____.
 - _____.
 - _____.

Email's Properties

_____.

- An inbox is designed to collect asynchronous communication without ______
- A stream provides ______ by interrupting you (e.g. two-way radio).
- As a leader subject to asymmetry, you must protect yourself from stream-based
 - interruptions by _____.
- Limit access to ______ streams, e.g. only _____ can call on

2-way radio.

Ask people who interrupt you for ______ to use an existing

inbox.

- Dramatically reduce _____.
- Be ______ about email—follow through.
- If you're _____ in _____ on "inbox" communication,

people won't need to _____ you.

Get & Stay Current

6

• Current" doesn't mean all your work is _____. It means you've reviewed

everything and made an initial ______.

- The inbox is for _____ messages, not _____ work.
- No emails belong in your inbox _____.

• Emails pile up when we use the inbox instead of ______.

- Process everything _____ per day.
- _____ from mailing lists.
- Archive messages (don't _____).
- _____ is a decision you may ponder too long.
- Storage space is nearly free—_____.
- If you can't make a decision now, just decide when you'll make a decision ______
- If you can't do the work now, ______ it.
- Add to ______ and/or _____.
- The _____ Rule:
- Don't get bogged down while processing your inbox—this is ______, not

•

•

THE INBOX OVERHAUL Get & Stay Current • Less than two minutes? Do _____. More than two minutes? _____ or _____. Set a timer and make _____ decision about each email: • Delete (_____). Delegate (_____). • • Defer (_____). • Do (). Decision-making is the ______ aspect of handling email.

- Even ______ like "Which folder?" consume mental energy.
- Every "______" decision you make now creates a potential "_____

" decision in the future.

- It's not necessary to decide where to file emails—simply _____.
- Use _____ to find what you need.
- Use labels or folders _____.

8 THE INBOX OVERHAUL Mobile vs. Computer		
•	Email is designed to be	
•	If you check email at specific times of day, there's no need to get an	
	every time you receive an email	
•	Notifications with or are especially distracting.	
•	Many emails are just or	
•	Use to cut through the clutter.	
•	Most of the time, answering email on your	simply
	the best use of time.	
•	Text messages can be great for answers.	
•	Generally, minimize professional	
•	Don't accept obligations via text—insist on	

Timeshifting Email

• Because email is _____, we need a way to handle emails that arrive

before we're ready to deal with them:

- Without ______ forever.
- Without letting them _____.
- The goal of ______ is to _____ an email to a specific time when you can

better deal with it.

• Don't let yourself put off ______ decisions, or the problem will get worse

every day-_____ create additional clutter.

• _____ if you're repeatedly snoozing an email.

The Right Tools

- Email shouldn't ______.
- Email works best when its role is limited to what it does best. For ______

_____, you'll need other key tools.

Email isn't for keeping track of tasks—it's for ______.

- _____ rule.
- Move ______ tasks to dedicated app.
- Consider _____ on calendar.
- _____ the email so you can read/reply.
- The Ultimate Collaboration Tool: ______.
- The #2 Collaboration Tool: ______.
- Email is mostly about ______, not technology.
- Others will ______ to the expectations you set and model.
- allows us to be effective.
- allow us to be efficient.
- _____ allow us to be consistent.
- Use email for _____, not everything.
- Address the _____ you face as a leader.

The Right Tools Get & stay _____. Use your _____ judiciously. ______as needed. Use the right _____.

- Stop "_____" email and start ______ email.
- Empty your inbox _____.
- _____ emails as needed.